

## LOCATION

Methodist College, Rooms 103 and 104  
415 NE St. Mark Court, Peoria, IL 61603

## CO-SPONSORED BY:

UnityPoint Health – Methodist/Proctor and  
Methodist College Conference

## CONTINUING EDUCATION CREDIT

**Nurses:** 5.5 contact hours will be provided for all  
nurses who stay for the whole day. Nurses who  
attend only the AM session will be awarded 3  
contact hours through the Ohio Nurses Association.

## FEES

**UnityPoint Health employees, Methodist College  
student and Methodist alumni:** FREE

**Other attendees :** \$35

## REGISTRATION

Online registration available at  
[methodistcol.edu/continuing-education-1.aspx](http://methodistcol.edu/continuing-education-1.aspx).

For those of you outside the UnityPoint Health  
System, we ask that you use a check for your  
method of payment. Please make your check out  
for \$35.00 to Methodist College and mail to:

Methodist College  
c/o: Lori Wagner  
415 St. Mark Court  
Peoria, IL 61603-3716



000837a-1 1/14 CS



415 NE St. Mark Court  
Peoria, IL 61603

# Behavioral Health Issues and Developmental Delays:

## Caring for the Professional and Family Caregivers

Thursday, March 12, 2015  
8 a.m. to 4 p.m.



# Behavioral Health Issues and Developmental Delays: Caring for the Professional and Family Caregivers

This conference is designed to provide both the professional caregiver and family caregiver the opportunity to discover available resources and behavioral strategies to provide a safe and nurturing environment, whether that environment is an acute care setting, a school, or a home.

## AGENDA

8 - 8:15 a.m.	Welcome and Introductions
8:15 - 9:45 a.m.	<b>Morning Session Keynote Speaker:</b> Dr. Karen Kelly
9:45 - 10 a.m.	Break
10 - 11:30 a.m.	<b>Morning Session continued</b>
11:30 - Noon	Door Prizes
Noon - 12:50 p.m.	Lunch and Learn Sessions
12:50 - 1 p.m.	Transition to Afternoon Session
1 - 2:30 p.m.	<b>Afternoon Session Keynote Speakers:</b> Kris Baber and Kathy Case - <i>Love and Logic for Parents</i>
2:30 - 2:45 p.m.	Break
2:45 - 3:45 p.m.	<b>Afternoon Session continued</b>
3:45 - 4 p.m.	Evaluations and Door Prizes

### Morning Session Keynote Speaker

Dr. Karen Kelly serves in a dual role in that she is an Associate Professor in Nursing Education, as well as a mother of a son who suffers from severe behavioral problems related to the diagnosis of autism. Dr. Kelly will share her personal stories and dedication to advocating for her son and others who are in need of resources to care for this vulnerable population.

### Afternoon Session Keynote Speakers

“Love and Logic for Parents” will be presented by Kris Baber and Kathy Case. Love and Logic is a discipline model for raising responsible and respectful children while increasing the joy in your house. You will learn techniques to: eliminate power struggles with your children, follow through on consequences in a way that gives children a chance to learn from their own mistakes instead of focusing on the parent’s anger, teach your children the lifelong skill of problem solving, and a method for turning parent’s words into gold! In a society filled with new challenges every day, Love and Logic is a way to increase every family member’s belief in their own abilities and a chance to bring more fun into our homes.

- Kris Baber has worked at Hammitt School (a non-public school for children who have not been successful in the public schools because of their serious behavior and/or emotional problems) for the past 16 years. Before this, she worked in the public school system for several years and at another high school for children with severe behavior problems. She works directly with families to teach the parent the Love and Logic way. Kris gets to practice Love and Logic at home with a 22, 18 and 8 year old.
- Kathy Case has worked for over 34 years (the past 20 at Hammitt) with children with severe behavior problems. She has had the opportunity to train many parents and staff on the Love and Logic curriculum and gets to watch her own grown children use this with her grandchildren.

## TARGET AUDIENCE

Healthcare Providers and Community Caregivers (teachers, healthcare professionals, family members, social workers)

## OBJECTIVES

**At the completion of the program, the participant should be able to:**

- Identify local and state-wide resources for both professional and family caregivers (i.e. Autism Speaks 100 day tool kit)
- Define behavioral health issues as related to underlying conditions such as autism and psychosocial disorders.
- Discover new approaches to setting goals and limitations while caring for behaviorally challenged patients/family members using the Love and Logic Model.
- Express concerns regarding management of co-existing relationships with siblings and other family members while caring for a patient with behavioral health issues.
- Examine legal and ethical principles as well as documentation with regard to advanced care directives for the patient/family member with a behavioral health disorder.
- Discuss strategies to advocate for patients/family members with behavioral health disorders or developmental delays.

## THANK YOU

Many thanks to the UnityPoint Health – Methodist | Proctor Foundation for their very generous contribution in supporting this conference. Their sponsorship is key to the continued education of our nurses, instructors, students and people from our community which in turn exposes us to new resources and better patient outcomes. Many thanks again to this very important link as we provide the best outcome for every patient every time!