**TRANSITION TIME LINE**

**TRANSITION: MOVING FROM SCHOOL TO ADULT LIVING**

**FY 23**

The following information is a guide to transition planning for parents, students and schools. It applies to most young adults. However, individual needs, developmental levels and circumstances vary. Parental/Guardian involvement and young adults input is highly recommended in all phases of transition planning.

**14 YEAR OLDS:**

1. Determine transition needs
2. Complete questionnaires, surveys & interest inventories.
3. Explore recreation & leisure interest.
4. Discuss medical needs & therapies.
5. Consider needs & when appropriate, develop independent living skills.
6. Begin early career exploration.
7. Explore summer programs & employment options.
8. Increase self-advocacy skills via training.
9. Complete IEP & transition plans.
10. Develop post-secondary goals.
11. Complete PUNS (Priority of Urgency of Needs for Services) updates for students with intellectual disabilities.
12. Utilize PAS (Pre-admission Screening Agents), available within local communities.
13. Promote person-centered planning.
14. Offer parent’s disability awareness training.
15. Encourage student participation in self-directed IEPs.
16. Encourage parent & service provider participation in IEP meetings.
17. Explore transportation needs.
18. Review Courses of Study for High school.

**15 YEAR OLDS:**

1. Promote student participation in career events.
2. Initiate referrals to relevant state & community agencies,
3. Explore residential programming options, as appropriate.
4. Determine transportation/mobility training needs.
5. Discuss residential programs/waiting list processes.
6. Determine appropriateness for referrals to school to work programs.
7. Explore summer programs & employment opportunities.
8. Explore current & future living options.
9. Encourage parent & service providers’ participation in IEP meetings.
10. Review high school course of study.
11. Discuss potential for Supplemental Social Security (SSI) & Social Security Work Incentives (SSWI)
12. Explore needs for home services & assistive technology.
13. Review/revise Transition Plans & services, as applicable.

**16 YEAR OLDS:**

1. Participate in interest/vocational inventory (self-directed search).
2. Discuss supported employment & job coaching.
3. Complete work rating scale.
4. Access career counseling & job shadowing.
5. Consider work training & post-secondary education options.
6. Obtain driver’s license or state ID card.
7. Introduce concepts of guardianship, power of attorney, wills/trusts.
8. Explore summer program & employment options.
9. Review high school course of study.
10. Make referral to appropriate outside community agencies.
11. Invite service providers to IEP meeting.
12. Review transition goals in the IEP & revise, if necessary.

**17 YEAR OLDS:**

1. Obtain functional vocational evaluation.
2. Enroll in vocational education classes.
3. Discuss taxes & medical insurance.
4. Investigate financial aid sources.
5. Establish graduation date.
6. Visit vocational, educational & residential options.
7. Register for & complete ACT or SAT testing, if appropriate.
8. Invite service providers to IEP meeting.
9. Review high school course of study.
10. Apply to visit/post-secondary education programs.
11. Apply for reduced fare card &/or Para transit Door-to-Door services.
12. Review Transition Plan in the IEP & revise, if necessary.

**18 YEAR OLDS:**

1. Apply for post-secondary vocational services for college, trade schools, & training centers
2. Explore apprenticeship, job shadowing & mentoring programs.
3. Explore options for accessing therapy/counseling &/or other community agency services.
4. Referral to adult service providers in transition planning meetings.
5. Confirm student’s legal status for self-representation.
6. Apply for income support (SSI), public aid & general assistance.
7. Consider guardianship power of attorney, wills & trusts, delegation of education rights
8. Apply for reduced faire card &/or Para transit Door-to-Door services.
9. Contact special needs coordinator at college, if appropriate
10. Register to vote & for Selective Service.
11. Secure high school records for planning purposes.
12. Contact case management agency that coordinates funding for in-home & residential supported living in the community, if appropriate.
13. Include adult service providers in transition planning meeting (write transition goals).
14. Contact special needs coordinator of college, if appropriate.
15. Review high school course of study.
16. Review Transition Plan & services, revise if necessary.
17. Complete Summary of Performance if exiting school.

**19-22 YEAR OLDS:**

1. Identify & access recreation/leisure options.
2. Actively participate in post-secondary vocational services (college/trade schools) &/or employment.
3. Encourage active participation with adult service providers (for students remaining in high school)
4. Follow-up with referrals for service provision from adult service providers.
5. Investigate &/or confirm day programs & workshops.
6. Investigate post-secondary education with follow up services.
7. Apply for Medicaid, if appropriate
8. Pursue Adult Education.
9. Systematic phase out of school supports and phase in of adult services.
10. Invite service providers to IEP meetings.
11. Review high school course of study.
12. Complete Summary of Performance if exiting school.

This time line is a guide for students, parents/guardians & professionals of high school students with special needs. It is recommended this checklist be reviewed as early as the elementary school. Many of the suggested activities overlap & are ongoing throughout the stages of transition. For example, appropriate social skills for home & school are learned & expanded upon over the course of developmental stages. These skills/traits, while not repeated at each level of this time line, are considered critical & should be both learned & expanded through the student’s high school experience. Please be aware that learning what options are available at each stage is critical for successful transition planning for life after high school.

This information is presented to you by the Illinois Department of Human Services/Division of Rehabilitation Services, Illinois Next STEPS and Transition Planning Committees.

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